

Sports Therapy Foundation Degree



Sport

Academic Level: 5
Award: Foundation Degree
Awarding Body: University of Bedfordshire
Mode of Delivery: Full-Time
Duration: 2 years
Location: Milton Keynes College, Bletchley Campus and UCMK
Start Date: September
UCAS Code: C605

This course is designed for those who wish to embark upon a career in the sports therapy profession. This course is a natural progression for those students who have already studied certain aspects of therapy through BTEC and VTCT, but who wish to enhance their knowledge at a higher level academically. As more people participate in sporting activities, the demand for sports therapists has increased.

Entry Requirements

120 UCAS points, based upon a minimum of one A Level or BTEC Level 3 Diploma in a sport-related discipline. For those students whose first language is not English, we require one of the following qualifications:

- International English Language Testing System (IELTS) with a grade of 6.0+
- Test of English as a Foreign Language (TOEFL) with a score of 580 or above
- Cambridge Advanced with a Proficiency Grade C
- The University's own English Language qualification, Test for English Language Assessment Service (TELAS), as a minimum qualification.

How to Apply

Applications should be made through UCAS to the University of Bedfordshire.

Key Features

- This course is directly linked with the University of Bedfordshire which enables you to complete a further one year at the University to gain their full Degree in Sports Therapy
- There will be opportunities to complete work experience with various sports teams and clinics in and around Milton Keynes
- Valuable knowledge will be gained that can be directly applied to the industry.

Course Content

Year 1:

- PPAD in Sport and Exercise Science
- Introduction to Sports Massage
- Reading and Interpreting Research
- Introduction to Physiology and Biomechanics
- Applied Anatomy
- Work-Based Learning 1 in Sports Massage.

Year 2:

- Sport and Exercise Nutrition
- Advanced Physiology and Biomechanics
- Planning and Conducting Research
- Work-Based Learning 2
- Sports Injuries & Advanced Soft Tissue Techniques.

Next Steps

After successfully completing the Foundation Degree, you will have the opportunity to progress on to the final year of the BSc (Hons) Sports Therapy at the University of Bedfordshire.

Career Opportunities

Careers include working as a Sports Therapist for sports teams both on and off the field or within a clinic setting. There is also potential to work as a physiotherapist assistant.

The Sports Therapy Foundation Degree is validated by, and leads to an award of, the University of Bedfordshire.

